

Bear Lake 2023 Aquatic Vegetation, Water Quality, and 2024 Management Recommendations Report



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The following information is a summary of key lake findings collected in 2023.

The overall condition of Bear Lake is ranked in the top 15% of developed lakes of similar size in the state of Michigan (based on RLS evaluations). The water clarity in 2023 was moderate with an average of 10.2 feet. The nutrient concentrations in the lake are considered low to moderate, yet are adequate to support robust submersed aquatic plant growth due to the high-water clarity. Invasive species such as Eurasian Watermilfoil (EWM) are able to grow in moderate nutrient waters and thus are a challenge to the Bear Lake ecosystem. Bear Lake had a total of 26 acres of EWM in 2023 (determined by whole-lake surveys conducted in May and August of 2023) which was very effectively treated with the new systemic herbicide ProcellaCOR® combined with the contact herbicide diquat just after the surveys, Sculpin 2,4-D was also utilized for the small spot treatment that occurred in August of 2023. Rotating active ingredients is key to minimizing plant resistances. Protection of the 24 native aquatic plant species is paramount for the health of the lake fishery and these plants should not be managed unless they are a nuisance to lakefront property owners and possess navigational and recreational hazards

The lake did not experience depletion of dissolved oxygen with depth during spring or midsummer sampling which is common for a large lake that minimally stratifies. Trends for most water quality parameters are shown below. Overall, Bear Lake is a very stable aquatic ecosystem with excellent aquatic vegetation biodiversity, relative abundance, and water clarity, and neutral pH and soft water alkalinity.

Bear Lake Water Quality Data

Water Quality Parameters Measured

There are hundreds of water quality parameters one can measure on an inland lake, but several are the most critical indicators of lake health. These parameters include water temperature (measured in °C), dissolved oxygen (measured in mg/L), pH (measured in standard units-SU), conductivity (measured in micro-Siemens per centimeter-µS/cm), total alkalinity or hardness (measured in mg of calcium carbonate per liter-mg CaCO₃/L), total dissolved solids (mg/L), Secchi transparency (feet), total phosphorus and total nitrogen (both in mg/L), chlorophyll-a (in µg/L), and algal community composition. Graphs that show critical trends for some parameters in spring and late summer of each year are displayed below. Trend data were calculated using mean values for each parameter for spring and summer over each sampling location. Table 1 below demonstrates how lakes are classified based on key parameters. Bear Lake would be considered mesotrophic (relatively productive) since it does contain ample phosphorus, nitrogen, and aquatic vegetation growth but has excellent water clarity and moderate algal growth. 2023 water quality data for Bear Lake is shown below in Tables 2-4. Three deep basins were measured, with the West Basin located at the NW corner of the lake, the Central Basin located at the central portion of the lake, and the East Basin located at the northeastern portion of the lake (Figure 1). These parameters are discussed below along with water quality data specific to Bear Lake which were collected on August 25, 2023.

Table 1. Lake trophic classification (MDNR).

Lake Trophic Status	Total Phosphorus (µg L ⁻¹)	Chlorophyll-a (µg L ⁻¹)	Secchi Transparency (feet)
Oligotrophic	< 10.0	< 2.2	> 15.0
Mesotrophic	10.0 – 20.0	2.2 - 6.0	7.5 – 15.0
Eutrophic	> 20.0	> 6.0	< 7.5



Depth ft.	Water Temp ℃	DO mg L ⁻¹	рН S.U.	Cond. µS cm ⁻¹	Turb. NTU	TDS mg L ⁻¹	Total Kjeldahl Nitrogen mg L ⁻¹	Total Alk. mgL ⁻¹ CaCO ₃	Total Phos. mg L ⁻¹
0	22.3	8.4	8.7	233	0.5	149.4	0.79	55	0.011
12	22.8	8.2	8.6	233	0.8	149.4	0.68	55	<0.010
23	21.5	6.6	8.2	236	1.0	151.4	0.72	57	0.018

Table 2. Bear Lake Water Quality Parameter Data Collected over the East DeepBasin on August 28, 2023.

Table 3.Bear Lake Water Quality Parameter Data Collected over the CentralDeep Basin on August 28th, 2023.

Depth ft.	Water Temp ℃	DO mg L ⁻¹	рН S.U.	Cond. µS cm ⁻¹	Turb. NTU	TDS mg L ⁻¹	Total Kjeldahl Nitrogen mg L ⁻¹	Total Alk. mgL ⁻¹ CaCO ₃	Total Phos. mg L ⁻¹
0	24.3	8.5	8.6	234	0.5	149.7	1.2	55	0.020
8	22.1	8.6	8.6	234	0.7	149.4	0.76	55	<0.010
19	22.4	7.8	8.5	234	1.5	149.7	0.66	56	<0.010

Table 4.Bear Lake Water Quality Parameter Data Collected over the WestBasin on August 25, 2023.

Depth ft.	Water Temp ℃	DO mg L ⁻¹	рН S.U.	Cond. µS cm⁻¹	Turb. NTU	TDS mg L ⁻¹	Total Kjeldahl Nitrogen mg L ⁻¹	Total Alk. mgL ⁻¹ CaCO₃	Total Phos. mg L ⁻¹
0	22.4	8.5	8.5	234	0.2	149.7	0.56	56	0.019
10	21.9	8.5	8.6	233	0.8	149.4	0.56	55	<0.010
20	21.7	8.2	8.5	234	1.5	149.5	0.61	55	0.010

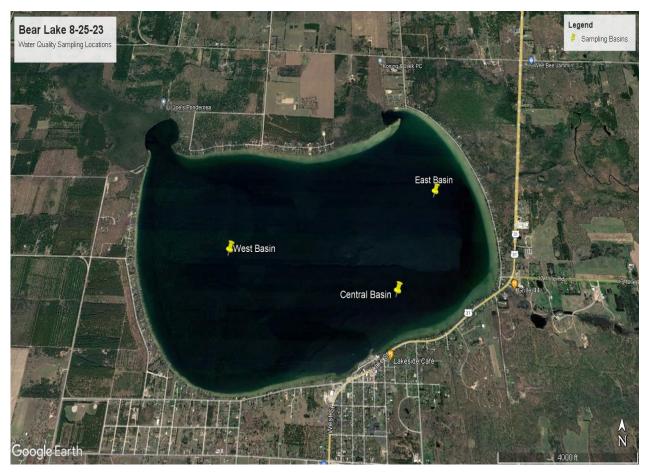


Figure 1: 2023 Water quality sampling locations on Bear Lake.

Dissolved Oxygen

Dissolved oxygen is a measure of the amount of oxygen that exists in the water column. In general, dissolved oxygen levels should be greater than 5 mg L⁻¹ to sustain a healthy warmwater fishery. Dissolved oxygen concentrations in Bear Lake may decline if there is a high biochemical oxygen demand (BOD) where organismal consumption of oxygen is high due to respiration. Dissolved oxygen is generally higher in colder waters. Dissolved oxygen is measured in milligrams per liter (mg L⁻¹) with the use of a dissolved oxygen meter and/or through the use of Winkler titration methods. The dissolved oxygen concentrations in Bear Lake were healthy and declined minimally with depth. This may be due to an early fall turn over and reduced stratification due to constant mixing of the lake water. **The dissolved oxygen concentrations in Bear Lake support both a warm water and cool water fishery with an average concentration of around 22.0 mg L⁻¹ in 2023.** Figure 2 below shows the changes in mean dissolved oxygen with time in Bear Lake.

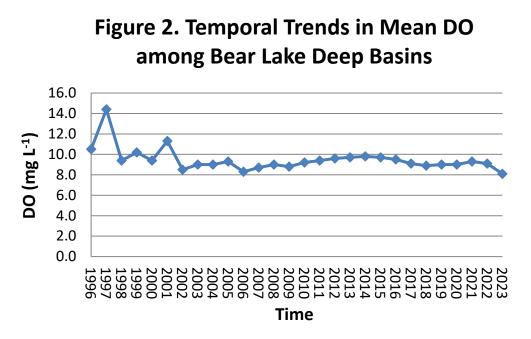


Figure 2: Temporal Trends in Mean Dissolved Oxygen in Bear Lake.

Water Clarity (Transparency) Data & Turbidity

Secchi transparency readings allow us to estimate where the photic to aphotic zones transition. The transparency throughout Bear Lake is adequate (mean of 10.2 feet in 2023; Figure 3) to allow abundant growth of algae and aquatic plants in the majority of the littoral zone of the lake.

Secchi transparency is variable and depends on the number of suspended particles in the water (often due to windy conditions of lake water mixing) and the amount of sunlight present at the time of measurement. Other parameters such as turbidity (measured in NTU's) and Total Dissolved Solids (measured in mg/L) are correlated with water clarity and show an increase as clarity decreases. The turbidity and total dissolved solids in Bear Lake during the 2023 sampling events were also quite low at ≤1.5 NTU's and 149.7 mg/L, respectively.

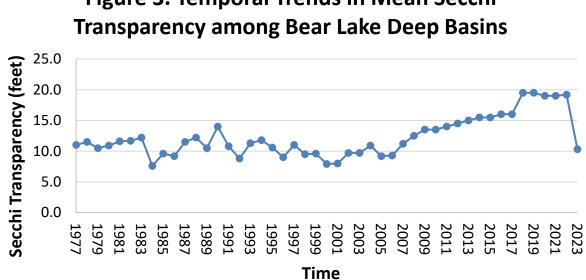


Figure 3. Temporal Trends in Mean Secchi

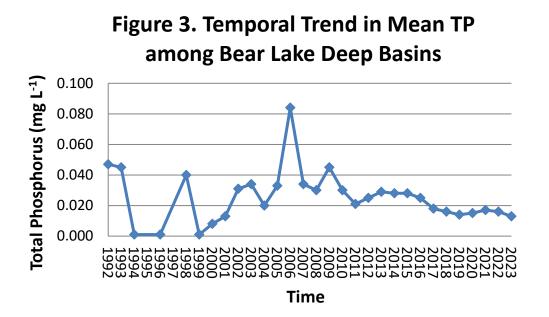
Figure 3: Temporal trends in mean Secchi transparency within Bear Lake.

Total Phosphorus and Total Nitrogen

Total phosphorus (TP) is a measure of the amount of phosphorus (P) present in the water column. Phosphorus is the primary nutrient necessary for abundant algae and aquatic plant growth. TP concentrations are usually higher at increased depths due to higher release rates of P from lake sediments under low oxygen (anoxic) conditions. Phosphorus may also be released from sediments as pH increases. Fortunately, even though the TP levels in Bear Lake are moderate, the dissolved oxygen levels are good enough at the bottom to not cause release of phosphorus from the bottom. TP concentrations fluctuated between <0.010-0.020 mg L⁻¹ during the 2023 season sampling events. The mean TP concentration was around 0.013 mg L⁻¹ (Figure 4) in 2023 which is quite low and favorable and below the eutrophic threshold. Most of the TP is being sequestered by aquatic plants.

Total Kjeldahl Nitrogen (TKN) is the sum of organic nitrogen plus ammonia (NH₃) forms in freshwater systems. Much nitrogen (amino acids and proteins) also comprises the bulk of living organisms in an aquatic ecosystem. Nitrogen originates from atmospheric inputs (i.e., burning of fossil fuels), wastewater sources from developed areas (i.e., runoff from fertilized lawns), agricultural lands, septic systems, and from waterfowl droppings. It also enters lakes through groundwater or surface drainage, drainage from marshes and wetlands, or from precipitation (Wetzel, 2001). In lakes with an abundance of nitrogen (N: P > 15), phosphorus may be the limiting nutrient for phytoplankton and aquatic macrophyte growth. Alternatively, in lakes with low nitrogen concentrations (and relatively high phosphorus), the blue-green algae populations may increase due to the ability to fix nitrogen gas from atmospheric inputs.

Lakes with a mean TKN value of 0.66 mg L⁻¹ may be classified as oligotrophic, those with a mean TKN value of 0.75 mg L⁻¹ may be classified as mesotrophic, and those with a mean TKN value greater than 1.88 mg L⁻¹ may be classified as eutrophic. **Bear Lake possessed TKN concentrations between 0.6-1.2 mg L⁻¹ during the 2023 sampling events which is considered oligo-mesotrophic and is desirable** (Figure 5).





Total Alkalinity

Lakes with high alkalinity (> 150 mg L^{-1} of CaCO₃) are able to tolerate larger acid inputs with less change in water column pH. Many Michigan lakes contain high concentrations of CaCO₃ and are categorized as having "hard" water.

Total alkalinity may change on a daily basis due to the re-suspension of sedimentary deposits in the water and respond to seasonal changes due to the cyclic turnover of the lake water. The alkalinity in Bear Lake averaged 61 mg L⁻¹ of CaCO₃ (Figure 5) in 2023, which is low and indicates a soft water lake.

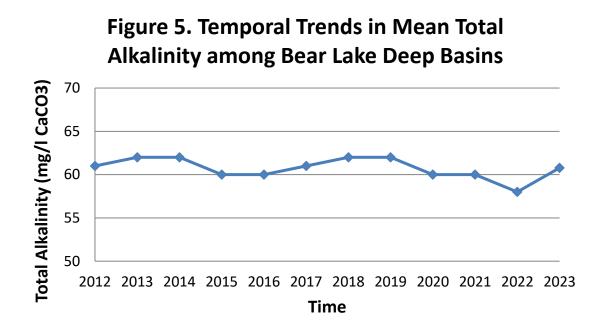


Figure 5: Temporal trends in mean total alkalinity within Bear Lake.

рΗ

Most Michigan lakes have pH values that range from 6.5 to 9.5. Acidic lakes (pH < 7) are rare in Michigan and are most sensitive to inputs of acidic substances due to a low acid neutralizing capacity (ANC). Bear Lake is considered "slightly basic" on the pH scale. The mean pH of Bear Lake during the 2023 sampling events averaged 8.49 S.U. which is ideal for an inland soft water lake (Figure 6). pH values may change over time due to photosynthesis of submersed aquatic vegetation and algae.

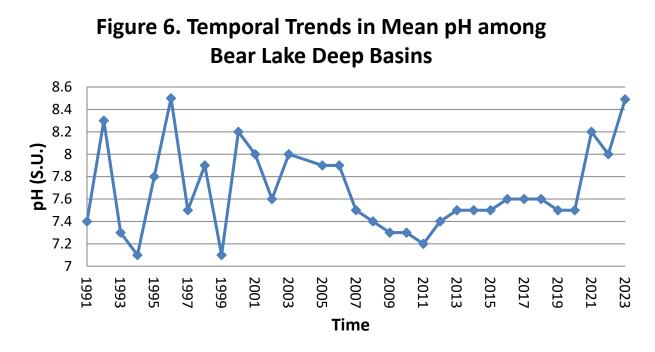


Figure 6: Temporal trends in mean pH within Bear Lake.

Conductivity

Conductivity is a measure of the number of mineral ions present in the water, especially those of salts and other dissolved inorganic substances. Conductivity generally increases as the amount of dissolved minerals and salts in a lake increases, and also increases as water temperature increases. The conductivity values for Bear Lake during the 2023 sampling events (Figure 7) averaged 233.9 μ S/cm which is favorable for an inland lake. Severe water quality impairments do not occur until values exceed 800 μ S/cm and are toxic to aquatic life around 1,000 μ S/cm.

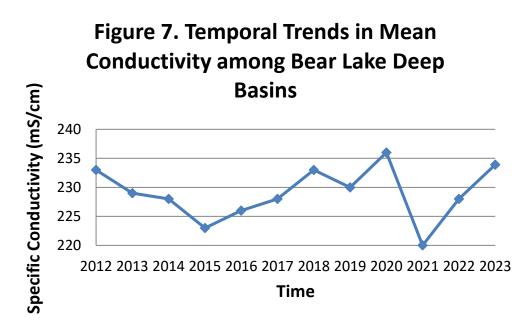


Figure 7: Temporal trends in mean Conductivity within Bear Lake.

Chlorophyll-a and Algal Species Composition

Chlorophyll-*a* is a measure of the amount of green plant pigment present in the water, often in the form of planktonic algae. High chlorophyll-*a* concentrations are indicative of nutrient-enriched lakes. Chlorophyll-*a* concentrations greater than 6 μ g L⁻¹ are found in eutrophic or nutrient-enriched aquatic systems, whereas chlorophyll-*a* concentrations less than 2.2 μ g/L are found in nutrient-poor or oligotrophic lakes. The mean chlorophyll-*a* concentrations during the 2023 sampling events in Bear Lake was 2 μ g/L which is moderately low for an inland Michigan lake and is expected given less runoff from rainfall events in 2023.

The algal genera were determined from composite water samples collected over the deep basins of Bear Lake in 2023 were analyzed with a compound bright field microscope. The genera present included the Chlorophyta (green algae): *Chlorella* sp., *Ulothrix sp., Pediastrum* sp., *Mougeotia* sp., *Quadrigula* sp., *Ankistrodesmus* sp., and *Haematococcus* sp. the Bascillariophyta (diatoms): *Navicula* sp., *Synedra* sp., sp., and *Cymbella* sp. The aforementioned species indicate a divers algal flora and represent a good diversity of alga with an abundance of diatoms that are indicative of great water quality. Microscopic photos of some key algae in Bear Lake are shown below (Figures 8 – 11).



Figure 8: Ulothrix – A Green Algae in Bear Lake



Figure 9: *Navicula*- A diatom algae in Bear Lake

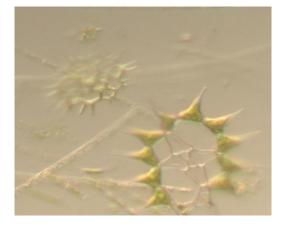


Figure 10: Pediastrum – Green Algae in Bear lake

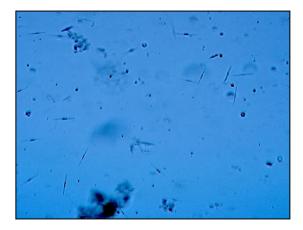


Figure 11: *Synedra*- A diatom algae in Bear Lake

Aquatic Vegetation Data (2023)

Status of Native Aquatic Vegetation in Bear Lake

The native aquatic vegetation present in Bear Lake is essential for the overall health of the lake and the support of the lake fishery. The whole-lake species surveys in June and August, of 2023 determined that there were a total of 26 native aquatic plant species in Bear Lake. These include 17 submersed species, 4 floating-leaved species, and 5 emergent species. This indicates a high biodiversity of aquatic vegetation in Bear Lake. The overall % cover of the lake by native aquatic plants is moderate relative to the lake size and thus these plants should be protected unless growing near swim areas at nuisance levels.

The most common native aquatic plants included: 1) Fern-leaf pondweed (Figure 12) which is a pondweed with flat leaves that tends to grow in shallow to medium depth waters. This plant resembles a small fern that is brownish-green in coloration. 2) Southern Naiad (Figure 13) which lies close to the lake bottom and creates a shallow green canopy along the bottom; The plant is largely responsible for carpeting the lake bottom and lowering the probability for milfoil fragments to re-root, and 3) Chara (Figure 14) which lies close to the lake bottom and has a green grassy like appearance to it. Healthy levels will create a "sod" like appearance going across the bottom of the lake floor. A list of all native aquatic plants (scientific and common names) and their relative abundance in 2023 is found in Table 8 below.

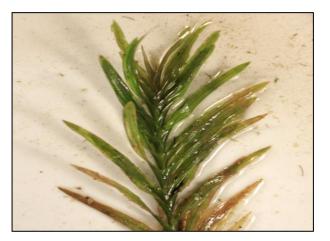


Figure 12. Fern – Leaf Pondweed



Figure 13. Southern Naiad



Figure 14. Chara

Native Aquatic Plant Species	Aquatic Plant Common Name	% cover in/around Bear Lake	
		(August 2023)	
Chara vulgaris	Muskgrass	11.94	
Potamogeton illinoensis	Illinois Pondweed	11.69	
Potamogeton pusillus	Small-leaf Pondweed	1.28	
Potamogeton robbinsii	Fern-leaf Pondweed	18.09	
Stuckenia pectinatus	Sago Pondweed	0.67	
Potamogeton amplifolius	Large-leaf Pondweed	1.9	
Potamogeton praelongus	White-stem Pondweed	0.15	
Potamogeton gramineus	Variable-leaf Pondweed	5.59	
Potamogeton natans	Floating-leaf Pondweed	0.10	
Potamogeton zosteriformis	Flat-stem Pondweed	5.79	
Vallisneria americana	Wild Celery	4.20	
Najas guadalupensis	Southern Naiad	12.05	
Myriophyllum sibiricum	Northern Milfoil	0.01	
Megalodonta beckii	Water Marigold	0.51	
Ceratophyllum demersum	Coontail	0.56	
Elodea canadensis	Common Elodea	1.13	
Utricularia vulgaris	Common Bladderwort	0.10	
Nymphaea odorata	White Waterlily	0.41	
Nuphar variegata	Yellow Waterlily	0.15	
Brasenia schreberi	Watershield	0.10	
Typha latifolia	Cattails	2.9	
Schoenoplectus acutus	Bulrushes	1.13	
Iris versicolor	Blue-flag Iris	0.31	
Decodon verticillatus	Swamp Loosestrife	0.41	

 Table 8: 2023 Bear Lake Native Aquatic Plant Species and Relative Abundance.

Status of Invasive (Exotic) Aquatic Plant Species in Bear Lake

The amount of Eurasian Watermilfoil (Figure 15) present in Bear Lake varies each year and is dependent upon climatic conditions, especially runoff-associated nutrients. In 2023, the EWM was low in the spring with 13.7 acres found on May 30, 2023 (Figure 16). On June 9, 2022, these areas were treated by PLM with oversight by RLS. Treatment utilized a combination of ProcellaCOR® and diquat. A late very minor late season milfoil growth was noted during the survey on August 4, 2023 with an additional 0.7 acres of EWM (Figure 17) which was also treated shortly after with Sculpin G. This granular pellet is better utilized in deeper water or in these spot treatments as it will sink to the bottom of the bed and slowly release the herbicide over the root structure.



Figure 15. Eurasian Watermilfoil

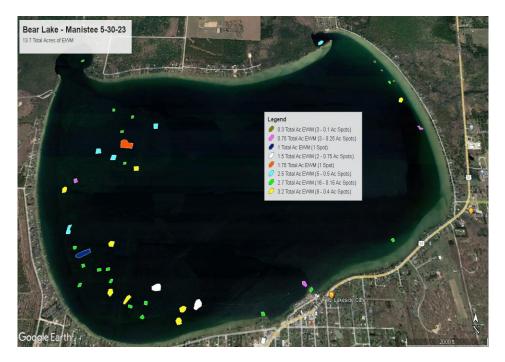


Figure 16. Distribution of EWM in Bear Lake (May 30, 2023).



Figure 17. Distribution of EWM in Bear Lake (August 4, 2023).

Bear Lake Sediment Macroinvertebrate Data (2023)

Freshwater macroinvertebrates are ubiquitous, as even the most impacted lake contains some representatives of this diverse and ecologically important group of organisms. Benthic macroinvertebrates are key components of lake food webs both in terms of total biomass and in the important ecological role that they play in processing of energy. Others are important predators, graze algae on rocks and logs, and are (biomass) for fish. important food sources The removal of macroinvertebrates has been shown to impact fish populations and total species richness of an entire lake or stream food web (Lenat and Barbour 1994). In the food webs of lakes, benthic macroinvertebrates have an intermediate position between primary producers and higher trophic levels (as fish) on the other side. Hence, they play an essential role in key ecosystem processes (food chain dynamics, productivity, nutrient cycling, and decomposition). These may also include many rare species.

Several characteristics of benthic macroinvertebrates make them useful bio-indicators of lake water quality including that many are sensitive to changes in physical, chemical, and biological conditions of a lake, many complete their life cycle in a single year, their life cycles and ecological requirements are generally well known, they are sessile organisms and cannot readily escape pollution or other negative aspect, and they are easily collected. As benthic macroinvertebrates respond sensitively not only to pollution, but also to a number of other human impacts (hydrological, climatological, morphological, navigational, recreational, and others), they could potentially be used for a holistic indication system for lake ecosystem health (Solimini et *al.* 2006).

Restorative Lake Sciences, LLC, collected aquatic macroinvertebrate samples from three separate locations within Bear Lake, Manistee County, Michigan on November 5, 2023 (Table 9). The sampling found five key taxa which included mayflies (*Hexagenia limbata*, Ephemeridae), midges (Chironomindae), damselfly larvae, caddisfly larvae, and zebra mussels (Dreisseniidae). Of all the species found, all were native except for the zebra mussels. While the majority of the species were native, some are located universally in low quality and high-quality water. The midge larvae family Chironomidae can be found in both high- and low-quality water (Lenat and Barbour 1994). The mayfly, *Hexagenia limbata*, found within this lake, has been shown to be linked with good water quality.

Eurasian watermilfoil (*Myriophyllum spicatum*) has been shown to negatively influence both fish and macroinvertebrate communities (Lillie and Budd 1992). In addition to exotic and invasive macroinvertebrate species, macroinvertebrate assemblages can be affected by land-use. Stewart et *al.* (2000) showed that macroinvertebrates were negatively affected by surrounding land-use. They also indicated that noted these land-use practices are important to restoration and management and of lakes. Schreiber et *al.* (2003) stated that disturbance and anthropogenic land use changes are usually considered to be key factors facilitating biological invasions.

Sample 1 Bear Lake Marina	Sample type – Dip Net/Sediment Grab				
		Odonata	Coregonidae	1	Damselfly larvae
		Trichoptera	Limnephilidae	6	Caddis Iarvae
		Gastropoda	Physidae	2	Pond snails
			Total	9	
Sample 2 Northwest Cove	Sample type – Dip Net/Sediment Grab	Ephemeroptera	Isonychidae	3	Mayfly larvae
		Diptera	Chironomidae	5	Midge Iarvae
		Veneroida	Dreissenidae	12	Zebra Mussels
		Gastropoda	Physidae	14	Pond snails
			Total	34	
Sample 3 Mid-lake sample milfoil bed	Sample type – Sediment Grab				
	•	Odonata	Coregonidae	1	Damselfly larvae
			Total	1	

Table 9. 2023 Bear Lake Macroinvertebrates (November 9, 2023).

Management Recommendations for 2024

Public hearings were held on July 12, 2022 by the Bear Lake Improvement Board (BLIB) to determine if ongoing management of Bear Lake was practical. There was overwhelming support at the hearings based on feedback and public comment from Bear Lake riparians. The cost to manage Bear Lake has declined significantly over the past decade due to effective and intensive management efforts. RLS cautioned the BLIB and public that at any time a seedbank re-emergence can occur, and vigorous and costly treatments may be needed when this occurs. It is not usually a frequent occurrence, but all boards should have a robust reserve in case of this natural event.

In 2024, continuous whole-lake geo-referenced aquatic vegetation surveys are needed to determine the precise locations of EWM or other problematic invasives in and around Bear Lake. These surveys should occur in late May, early June, and again post-treatment in 2024 and in-between as needed if more treatments become necessary. As in previous years, scientists from RLS will be present to oversee aquatic herbicide applications.

Due to the relative scarcity of native aquatic vegetation in Bear Lake (relative to the lake area), the treatment of these species with aquatic herbicides is not recommended. The plan for 2024 includes the use of high dose systemic aquatic herbicides as used in 2023, which includes ProcellaCOR® with the contact herbicide diquat. This was used to reduce the tolerance of EWM to commonly used triclopyr and 2,4-D. The latter products may be used in 2024 for chemical product rotation to reduce herbicide tolerance by EWM.

Water quality parameters in the main lake will also be monitored and graphed with historical data to observe long-term trends. This has been important since the nutrient concentrations and other parameters have demonstrated that Bear Lake is a stable and healthy aquatic ecosystem and that nutrients appear to be in balance. Nutrients are likely to increase in summer as aquatic plants grow and decay and this process results in nutrient release or during heavy runoff.

Bear Lake was initially treated for over 330 acres of EWM in 2008. Since then, the lake has been treated for anywhere from 7 to 75 acres on an annual basis.

The scientists at RLS think that lake management which maintains EWM levels below 5% of the lakes surface areas are being managed successfully. Though EWM is an invasive plant that we want to minimize, it is a plant that is excellent fish cover in limited amounts. RLS surveys are intensive and site-specific, but it is impossible to find every hidden stem of EWM. RLS uses the latest technologies including GPS location of EWM and BioBase to help quantify the bio-volume of all aquatic vegetation. Below is a history of the annual acres treated to date.

Year	<u>Acres</u>	treated (rounded)
2008	330	
2009	11	
2010	7	
2011	11	
2012	70	
2013	10	
2014	10	
2015	29	
2016	11	
2017	17	
2018	32	
2019	75	
2020	10	
2021	11	
2022	51	
2023	24.5	

In conclusion, Bear Lake is a very healthy lake with excellent aquatic plant biodiversity, very good water clarity, moderate nutrients, and a healthy lake fishery. Management of the EWM and protection of the water quality are paramount for the long-term health of the lake.